





ADAPT-ABILITY: Working with People with Disabilities in an Adventure Setting

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WHERE WE ARE HEADED

- Prevalence of Disability
- Disability Awareness
- Small Group Discussion on Barriers
- Adapting Your Program
- Risk Management Tools
- Recap
- Action Items



PREVALENCE OF DISABILITY



DISABILITY AWARENESS



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DISABILITY AWARENESS

Key Points:

- People First Language
- Ask Questions
- Equipment Etiquette
- Be Yourself



PEOPLE FIRST LANGUAGE



ASK QUESTIONS



EQUIPMENT ETIQUETTE



BE YOURSELF



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INVISIBLE DISABILITIES



MEET CHASE



BARRIERS DISCUSSION

1. Tell us about your program. Do you already serve people with disabilities? If so, what has your experience been?
2. What barriers can you identify to serving people with disabilities in your program? What is your most accessible program? What is your least accessible program?



ADAPTING YOUR PROGRAM...



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BEING PREPARED

1. Determine the participant's individual needs
2. Use a client assessment sheet
3. Research: online, colleagues, etc.
4. Create a plan



BEING CREATIVE



1. Adaptive devices can be easy and inexpensive
2. Always bring more than you need
3. Ask the participant for ideas



MEET SKY



Items Needed:

- Adaptive Chair
- Booty Pad
- Dry Bags
- Sleeping Pads
- People Support

Client Assessment:

- Sky has Multiple Sclerosis (MS) and uses a wheelchair
- She has no use of her legs, and is extremely sensitive under her arms and around her buttocks
- She is NOT sensitive to heat
- She needs help with all daily chores such as getting in and out of bed, getting dressed, etc.
- She will be bringing a personal aide
- She is 53 years old, 5'1" and weighs 105lbs
- She has been rafting before but never more than 2 days.

RISK MANAGEMENT



ASSESSMENT

- Who
- What
- Why



TIMING

- Environmental Factors
- Weather
- Staff Ability Level
- Experience Level of Participants



VS



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LOCATION



- Accessibility
- Difficulty of Terrain
- Other Visitors & Animals
- Exposure to Elements



SUPPORT

- Staff
 - Well-trained
 - Knowledgeable
 - Copious



DISCUSSION TIME!

- In your small groups, discuss how these tools can address the barriers your company faces.



RECAP



- Disability Awareness
- Adaptive Principles
- Risk Management Tools



ACTION ITEMS

- Which of your programs is the most accessible? Start there.
- Include disability awareness in your staff training.
- Create a client assessment sheet.
- Create Essential Eligibility Criteria for your company so that expectations for clients are clear and not exclusionary.



THANK YOU!



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