# The Foreign and The Familiar

International programs benefit wilderness risk management



# Overview

- Understand the unique variables present in international settings
- Utilize the strengths of international risk management towards more effective wilderness risk management
- Recognize how greater awareness of cultural and social demands can drive more intentional program management and outcomes

# Nepal Earthquake - 2015

- April 25 at around noon, 7.5, multiple aftershocks up to 6.8
- One day up a trail in the Nar Phu Valley
- 12 hours from nearest airport Pokhara, uncertain road conditions
- Steep canyon, no satellite phone <u>Learning:</u>
- 5 days to evac from Kathmandu
  - If safe, stay safe
  - Go slowly
  - Trust instructors



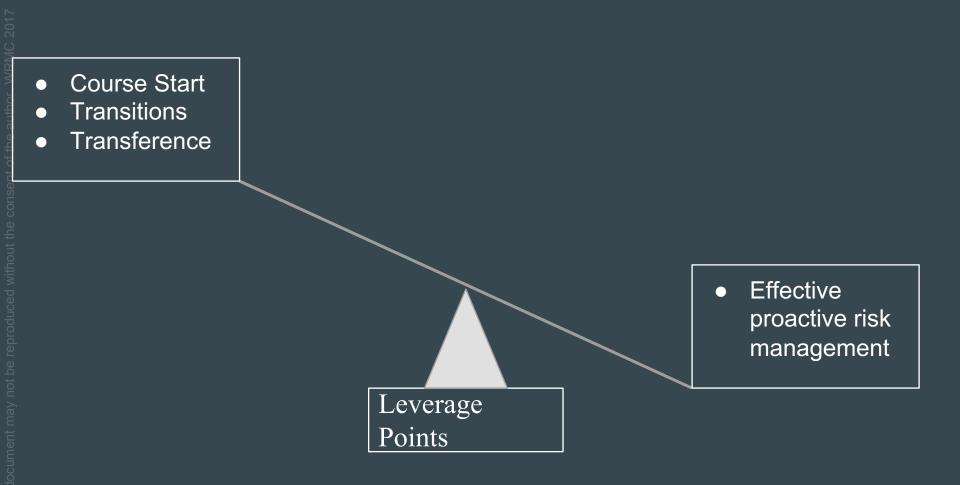


#### Unique variables

A

- Considerably different subjective and objective hazards
- B. Socio-political and intercultural risks
- Communication challenges
- D. Increased disparity between perceived and actual risks
  - . Cultural perceptions of risk and risk tolerance
- F. Variable medical infrastructure many medical responses are "wilderness" responses
- G. Unknown and sometimes unknowable hazards

- A. Strong relationships and human connection
- B. Cultural awareness and sensitivity
- C. Understand and manage perceived risks AND actual risks
- D. Program complexity and dynamic environments create improved preparation, planning, and awareness



# Course Start



- 72-hour curriculum
- Positive Learning Env
- Group container

# Transitions



- High risk and high learning
- Proper framing
- Use ceremony and ritual

# Course-end & transference



- Manage emotional risks
- Use ceremony and mark rite of passage
- Schedule it in

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# Relationships and human connections

- Leaders have most influence over subjective hazards
- Trust building in personal relationships
- Inter-personal skills as a technical skill
  Ava triangle



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### Valuable insight

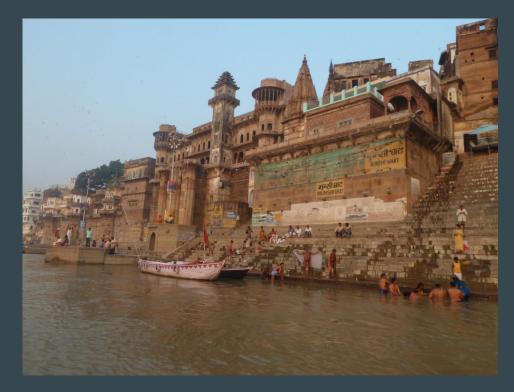
A. Strong relationships and human connection required

### B. Cultural awareness and sensitivity

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# Cultural Awareness and Sensitivity

- Requires a focus on identity
- Pushes group norms and group culturebuilding
- Participant agreements have concrete repercussions
- Opens necessity for student-centered design as opposed to a cookie-cutter



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# Managing perceived and actual risks

- Top rope rock climbing vs. backpacking
- Paris vs. Tibet
- Violent crime
- Oh, and then there's the plague!



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# Complexity improves planning and awareness

- Novelty is good for the brain
- Need higher leader ratio, with more varied experience
- Checklist of pre-departure tasks and importance of follow-through
- Student participation creating risk manager
- Consistent need for expedition behavior



# Discuss

### **Leverage Points:**

- A. Pre-course/Course Start
- B. Transitions
- C. Course End/Transference

### 4 Areas of insight:

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# Action Steps

- a. Create a clear plan and curriculum for building rapport and healthy relationships within your groups, regardless of your program objectives create structure for course orientation
- b. Identify areas where low perceived risk may be creating complacency in your risk management
- c. Evaluate the program complexity barriers to addressing risk management in your program and commit to two approaches that overcome these hurdles by converting these complications into better preparation.

