NOLS WILDERNESS MEDICINE

Wilderness First Aid Course Schedule

DAY 1

Morning

Infection Control and Personal Protective Equipment Patient Assessment System

Afternoon

Emergency and Evacuation Plans Spine Injury Head Injury Shock

DAY 2 Morning

Wilderness Wound Management Musculoskeletal Injuries

Afternoon

Musculoskeletal Injuries continued Heat Illness Cold Injury Chest Pain, Abdominal Pain Shortness of Breath, Altered Mental Status Anaphylaxis