#### **NOLS WILDERNESS MEDICINE**

# Wilderness First Responder Recertification Course Schedule

#### DAY 1

## Morning

Written Examination
Infection Control and Personal Protective Equipment
Patient Assessment System
Shock
Chest Injury

#### **Afternoon**

Spinal Management/Head Injuries Wilderness Wound Management Athletic Injury

#### DAY 2

## Morning

Dislocations Fracture Management Hypothermia

#### Afternoon

Heat Illnesses Altitude Illness

Medical Scenarios: Cardiac Emergencies, Respiratory Emergencies, Neurological Emergencies, Acute Abdomen, Urinary and Reproductive, and Anaphylaxis

### DAY 3 Morning

Medical Scenarios: Continued Practical Test Scenarios Closing/Evaluations

### **Afternoon**

**CPR**