

Wilderness Advanced First Aid Course Schedule

DAY 1

Morning

- Infection Control and PPE
- Patient Assessment System

Afternoon

- Emergency Procedures
- Spine Injury Management
- Shock
- Chest Injury

DAY 2

Morning

- Focused Spine Assessment
- Head Injury
- Wilderness Wounds

Afternoon

- Fractures
- Dislocations
- Athletic Injury

DAY 3

Morning

- Stress Injury
- Cold Injury
- Submersion
- Heat and Hydration

Afternoon

- Altitude Illness
- Bites and Stings
- Lightning

DAY 4

Morning

- Cardiac Emergencies
- CPR

Afternoon

- Respiratory Emergencies
- Altered Mental Status
- Diabetes
- Allergy and Anaphylaxis

DAY 5

Morning

- Abdominal Pain
- Urinary and Reproductive
- Poisoning
- Communicable Disease
- Medical Legal Issues
- Wilderness First Aid Kits

Afternoon

- Written and Practical Exams
- Closing and Cleanup