### **NOLS WILDERNESS MEDICINE**

## Wilderness Medicine for the Professional Practitioner Schedule

# Day 1 Morning

Medicine in the Wilderness Context

Infection Control and Personal Protective Equipment

Patient Assessment in the Wilderness

Head Injury

Spine Injury: Lifting and Moving

Spine Injury: Focused Spine Assessment

Shock

Chest Injury

### **Afternoon**

Usable Musculoskeletal Injury

**Dislocations** 

Unusable Musculoskeletal Injury

Spinal Immobilization

Stress Injury/Psychological First Aid

Water Disinfection

## Day 2 Morning

Medical Decision-making

Wounds, Burns and Infection

Scenario and Leadership Debrief

Cold Injury

Heat Illness

#### **Afternoon**

Altitude Illness

Lightning

Envenomation

The Medical Patient in the Wilderness

Anaphylaxis

Medical Legal