

NOLS WILDERNESS MEDICINE

Wilderness Medicine for the Professional Practitioner Schedule

Day 1

Morning

- Medicine in the Wilderness Context
- Infection Control and Personal Protective Equipment
- Patient Assessment in the Wilderness
- Head Injury
- Spine Injury: Lifting and Moving
- Spine Injury: Focused Spine Assessment
- Shock
- Chest Injury

Afternoon

- Usable Musculoskeletal Injury
- Dislocations
- Unusable Musculoskeletal Injury
- Spinal Immobilization
- Stress Injury/Psychological First Aid
- Water Disinfection

Day 2

Morning

- Medical Decision-making
- Wounds, Burns and Infection
- Scenario and Leadership Debrief
- Cold Injury
- Heat Illness

Afternoon

- Altitude Illness
- Lightning
- Envenomation
- The Medical Patient in the Wilderness
- Anaphylaxis
- Medical Legal