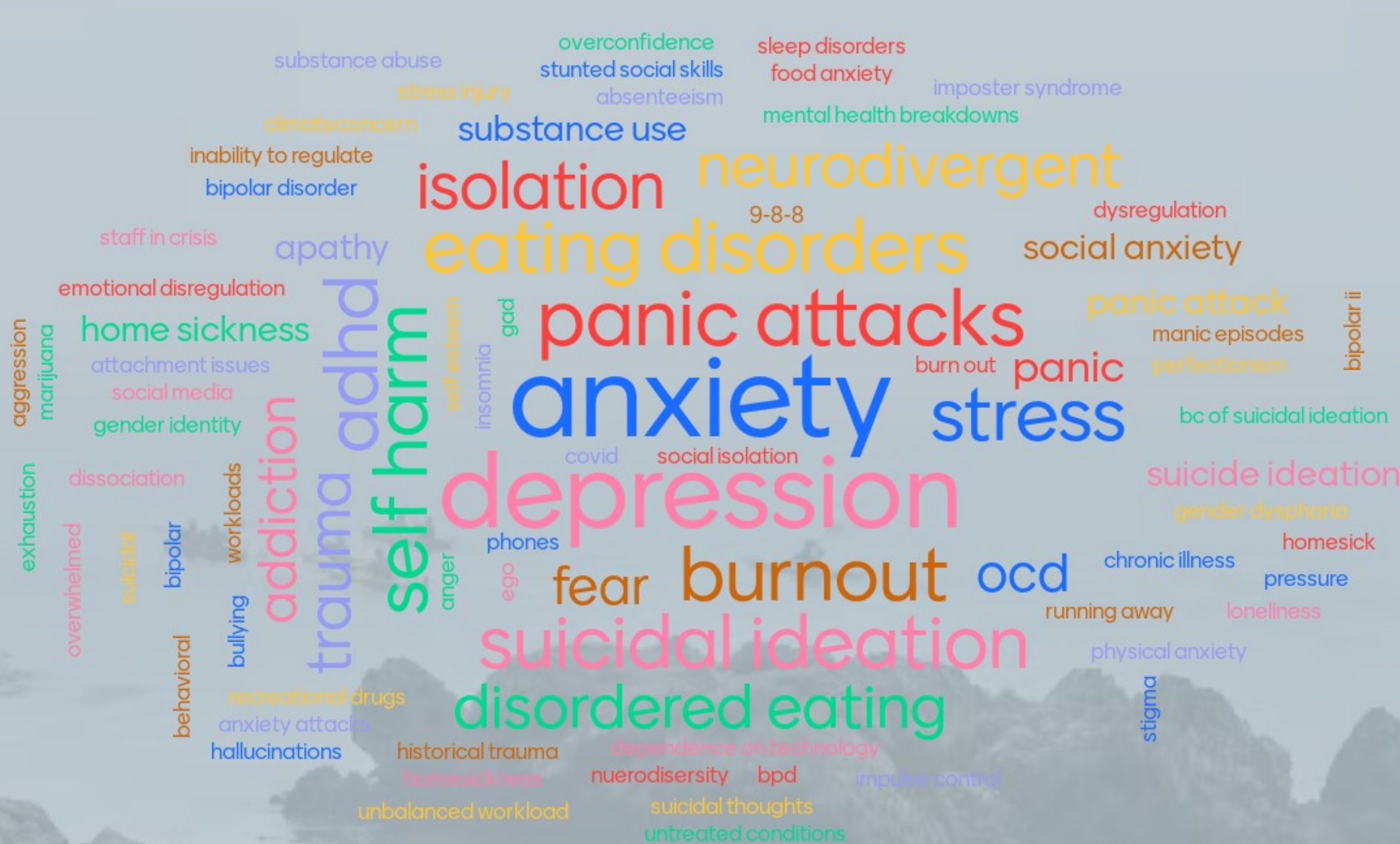


What mental health conditions/situations are you seeing affect your programs?

311 responses



What tools are you currently using to support the rise in mental health needs?

116 responses

9-8-8

School counsellors

Social worker on staff

On-staff counselor for students , more SEL curriculum and resources

Mental health screening questions

Adding more staff

Mandated time off

EAP

EAP



What tools are you currently using to support the rise in mental health needs?

116 responses

Student Advocates

Student support plans

Third party consultation

Safety/support plans

Integral health counseling

Mental Health First Aid Kits

EFAP plan for staff

Offering a bigger proportion of very accessible, beginner friendly trips. Lessening the pressure of objective based success

Connecting with therapists in advance to continue teletherapy when possible

What tools are you currently using to support the rise in mental health needs?

116 responses

Framing trips to be less physical

Mental health first aid

School councillors & teachers involved in student activity placement

Mental health questions on med forms

Out of Course (OOC) Guidelines

School counselors

Using advisors

Dedicated behavioral support

MH screening committee with eligibility criteria

What tools are you currently using to support the rise in mental health needs?

116 responses

Mental health screening

My homies

Physician advisor

On-call therapist consultant for staff

Mental health first aid

School counselors

On-site therapist at start of our sessions

More staff

Mental health first aid training

What tools are you currently using to support the rise in mental health needs?

116 responses

Staff wellness services

Dear Scout - counseling sessions for seasonal staff

What to do in a mental health emergency

Therapeutic listening sessions for staff

Green/Yellow/Red evac protocols based on symptoms as well as time spent with student

Behavioral health specialists on staff

Case managers

Open conversations with intentional teams

Front loading

What tools are you currently using to support the rise in mental health needs?

116 responses

More evac options

Timely Care

Existing Campus Wellness Resources
victim services
Counseling
Multicultural and diversity affairs

Youth flag forms
Constant comms w/ parent or guardian

More support staff

Extensive mental health conversations between program and participants

More staff

Mental health training with a professional mental health care professional

Mental health training for field staff

What tools are you currently using to support the rise in mental health needs?

116 responses

Being clear, upfront, that mental health/wellness challenges are not disqualifying.

Mental health first aid training

Stress continuum and the 5 told for support (aka psych first aid)

School resource- counselor /psychologist

More training for staff team (trauma informed care)

Less physical

Staff training about self care

Adapted trip itineraries

Mental health training for staff

What tools are you currently using to support the rise in mental health needs?

116 responses

Inviting students to plan for their success with instructor support, instead of onus on instructors

No phones for students on trips

Increasing leader: student ratio

Comprehensive screening for information collection

Scaffolded trip progressions

Additional staff

School counselling service and psych team on call and pre camp meeting

More training for staff team (trauma informed care)

Trauma informed facilitation training for staff

What tools are you currently using to support the rise in mental health needs?

116 responses

Peer to Peer support program for staff

Counselors, EAP

Policies

Counselor on call access during trips

Counselors, EAP

Focused follow up questions in application

Staff one-on-one scheduled check-ins

Peer advocates

1hr Intro to Motivational Interviewing for leaders

What tools are you currently using to support the rise in mental health needs?

116 responses

In organization counselor

More staff + broader schedule for breaks

Recognizing burnout in self and drawing boundaries of responsibility

Medical history form
Mental Health FA training

Staff training
Inside & outside resources to support staff working from a trauma informed lens.
Daily check ins for staff to review personal window of tolerance & support requests

Mindfulness activities for all

Adjusting program

One on one check ins

More screening of participants before program



What tools are you currently using to support the rise in mental health needs?

116 responses

9-8-8

Different program options - tiered program kids choose challenge level

Appropriate programming objectives

Mental health resources listed on website for students to use.

More off -time between trips for staff

Training for staff

Giving a lot of information up front before participants register

Group management & behavioral empathy/compassion trainings

Crisis hotline

What tools are you currently using to support the rise in mental health needs?

116 responses

Level of challenge choice for participants

All-staff training early season.

More staff

Youth challenge by choice in programming

Limiting the work required by staff (doing more on the administrative side so they have less to deal with in the field)

Clarification of experience

More pre trip meetings with students so they understand what the trip will be like

Transparency- More front loading

More options for trip types to lessen physical intensity



What tools are you currently using to support the rise in mental health needs?

116 responses

Mental health first aid

First line phone staff training

Consulting with counsellors, counsellors on trip, no phones on trip (unplugging), questions on trip medical form

Focused questions after initial questionnaire.

Rubrics and other tools that seek to provide objective measures of student success: behavioral plans, instructor time percentages, etc

Psych first aid training for staff

One sheet resources for staff on supporting different diagnoses

Asking what success looks like for a student instead of expecting them to fit our vision—what would they need and can we or they provide it?