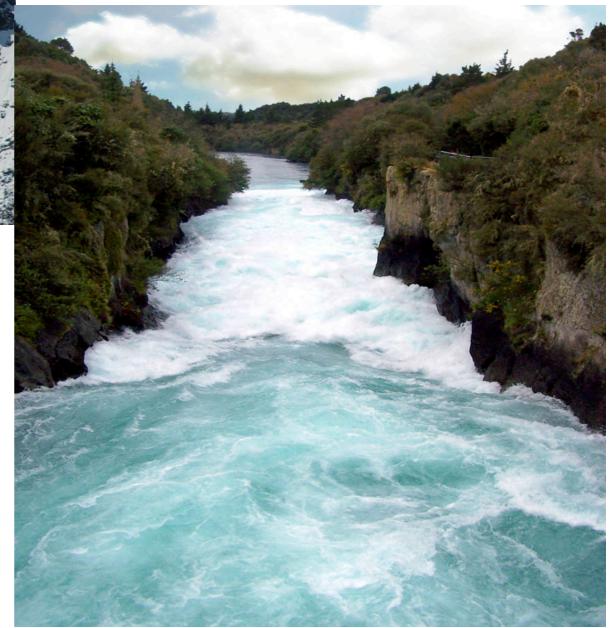
Swiftwater Rescue

2023 Wilderness Risk Managers Conference

Nate Ostis nate@wilderness-rescue.com 208.630.4221





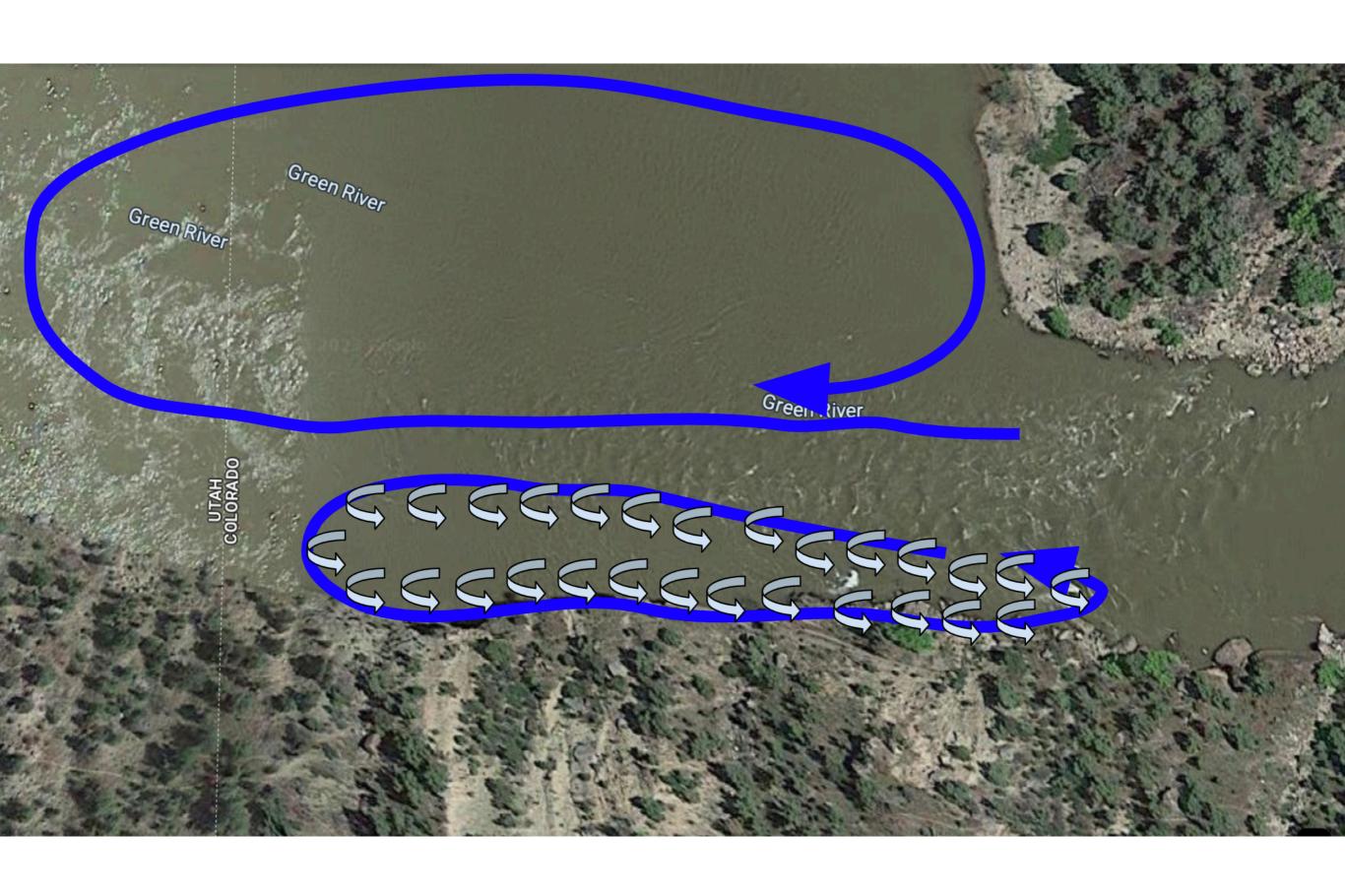
Heuristics

Decision Making Short Cuts and Potential Traps

S

Familiarity Acceptance Commitment **Expert Halo Time Sensitive Social Proof**





Stress Continuum



March 2, 2023
Episode 61
"Tools for the River Guide"

K.I.S.S. Principle









L.A.S.T.

Personal Protective Equipment

- Helmet
- Type V Rescue PFD
- Closed-Toed Shoes
- Thermal Protection
- 2 Rescue Knives
- 3 Locking Carabiners
- Throw Bag
- Probe

- WHISTLE
- RES-Q-ME
- STICK CLIP
- SNAG PLATE
- SAW
- Flip Line
- Micro Trauma Sheers
- Ist Aid





