



HYBRID WILDERNESS FIRST RESPONDER RECERTIFICATION
*Sponsored by the Outdoor Adventure Program at Regis University and
NOLS Wilderness Medicine Institute*



DATES: January 12-13, 2019
COST: \$325 Tuition only
Daily parking fee required (excluding weekends). Please see below under “Parking Rules at Regis University”

LOCATION: Denver, CO, Regis University, St. Peter Claver Hall- **Room PCH 210**
Claver is labeled as **C** on the map located at (using Google Chrome is recommended):
<http://www.regis.edu/~media/Files/University/UBM/Campus%20Maps/Regis%20University%20Campus%20Map.ashx>

COURSE DESCRIPTION

Hands-on, meet online. Enjoy our newly formatted WFR Recertification, which includes an online component in addition to the traditional scenarios and skills. Pre-work allows you to review the curriculum at your own pace, and focus on the hands-on element during your two days on course. You'll just need to complete all online components, including a written exam, prior to the course. Once on course, the scenario-based approach to recertification provides you the opportunity to test your skills against realistic situations. You'll practice and relearn wilderness medicine protocols, review evacuation and decision making guidelines, and receive the latest updates in wilderness medicine over the course of two days.

Students must successfully complete the online modules prior to arriving at the course. Students will then demonstrate their practical skills during scenarios throughout the in-person portion of the course. Students must successfully complete both components to pass the course and obtain recertification from NOLS Wilderness Medicine.

There are optional review resources (different from the online modules) that may assist your review at:
www.nols.edu/en/resources/wilderness-medicine-resources/

Upon successful course completion you will earn the following NOLS Wilderness Medicine certifications: Wilderness Advanced First Aid/Wilderness First Responder/Wilderness EMT (dependent on your current certification), Adult and Child CPR & Airway Management, and Epinephrine Auto-injector.

CLASS FORMAT AND PERSONAL PREPAREDNESS

This newly formatted WFR Recertification course includes an online module component. Upon registering, you will receive an email with further information. Three weeks prior to the start of the course you will receive an email with links to online materials (readings and videos) and the written WFR Recertification test.

You must complete all online components prior to arriving at the course site. Please note that these online resources are different from the review materials available on the NOLS Wilderness Medicine website

Check in is at 7:45 a.m. on the first day of the course. Course days run from 8:00 a.m. to 5:00 p.m., with an additional evening class on the first day for students needing CPR recertification. Attendance is required at all scheduled classes. Scenarios and practice sessions will take place both inside and outside.

Bring outdoor clothing appropriate for lying on the potentially wet, muddy, snowy, or cold ground playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up are used to enhance the realism of

a scenario. The classroom environment generally lends itself to a pair of comfy shoes or slippers and a camp chair.

PACKING CHECKLIST

- ✓ Notebook and pencil or pen
- ✓ Watch with second hand or digital second
- ✓ Sunglasses and hat
- ✓ Water bottle
- ✓ Light day pack
- ✓ Waterproof outerwear top and bottom
- ✓ Light hiking boots or sturdy shoes
- ✓ Clothing layers that allow you to be comfortable in a variety of weather conditions
- ✓ Slippers or comfortable shoes for classroom time (optional)
- ✓ Camp chair for classroom time (optional)

COURSE OUTLINE

For the full course outline, visit the Hybrid WFR Recertification course page:

www.nols.edu/en/courses/courses/hybrid-wilderness-first-responder-recertification-HWRR.

WAF/WFR/WEMT RECERTIFICATION REQUIREMENTS

NOLS Wilderness Medicine Graduates

NOLS Wilderness Medicine certification holders will be afforded a one-year period after expiration within which to recertify. This one-year re-entry period is only offered to those certified through NOLS Wilderness Medicine. Enrolled students must bring their certification card to the course so that the instructor can verify the expiration date.

Graduates from Other Wilderness Medicine Providers

NOLS Wilderness Medicine welcomes eligible graduates from other providers to recertify on our Wilderness First Responder Recertification course or our Hybrid Wilderness First Responder Recertification course. To be eligible for recertification you must possess a current (unexpired) WAF certification, WFR certification from a provider whose WFR course is a minimum of 70 hours, or WEMT certification.

There is no re-entry period once your certification expires. It is your responsibility to make sure your certification meets this standard. If you are unsure, please contact NOLS Wilderness Medicine to verify your certification qualifies before enrolling in a course.

Students certified by other wilderness medicine providers are required to submit a photocopy of their unexpired certification card on the first day of the course. We cannot issue you a new card until we have verified your previous training.

Students recertifying the wilderness portion of their WEMT certification must submit a photocopy of their current EMT card on course.

REGISTRATION

Tuition payment in full is required to reserve your spot in the course. You can pay your tuition online (we accept Visa or MasterCard), by calling the NOLS Wilderness Medicine office with credit card information, or by mailing a check (with driver's license number).

The tuition fee includes instruction, textbooks, equipment use, certification, and continuing education credits.

A full refund will be given if we need to cancel the course for any reason.

NOLS WILDERNESS MEDICINE STUDENT AGREEMENT

Please download this agreement and read it very carefully as it affects your legal rights: www.nols.edu/en/filer/public/1481683959/906/

Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document. Without a signed document, you cannot participate in the course.

NOLS Wilderness Medicine participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the NOLS Wilderness Medicine program and are at the sole risk of the participant.

NOLS WILDERNESS MEDICINE POLICIES

Cancellations

If you cancel or withdraws from a course:

- Greater than or equal to 30 days prior to the course start date, NOLS Wilderness Medicine will retain a \$35.00 administrative fee. The remainder of tuition collected to date will be refunded.
- Within 30 days of the course start date, tuition is non-refundable and non-transferable as per the following:
 - WFA, WFR-R, WMPP – loss of full tuition.
 - WFR, WAFA, WUMP – loss of course deposit.
- Once the course begins, no refunds will be awarded. All course registrations are non-transferable.

Pets

Pets are not allowed at the course site. This includes leashing them outside. Any student bringing a pet to class will be asked to leave until the pet is safely situated in a kennel or other facility. No exceptions.

Alcohol and Tobacco

No alcohol or tobacco is allowed on site.

CONTINUING EDUCATION AND COLLEGE CREDITS

EMT Continuing Education

NOLS Wilderness Medicine is proud to be a Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE) accredited organization. Current EMTs are eligible to receive 18 CEU hours for participation in a Wilderness First Responder course. Please bring a photocopy of your current EMT card(s) with you to your course.

More information on continuing education credits can be found here:

www.nols.edu/en/resources/credit-continuing-education/continuing-education/

Pre-Course Access to College Credit

The WFR Recert course is pre-approved for one semester hour credit through Western State Colorado University (WSCU) for an additional cost of \$80. Thirty days **prior** to the NOLS Wilderness Medicine course, interested students must initiate registration and payment for credit by requesting an enrollment form for WSCU from NOLS Wilderness Medicine.

PARKING RULES AT REGIS UNIVERSITY

RU welcomes guests and visitors to use its parking facilities.

- a.) Guests are expected to comply with all University parking regulations and park in valid parking locations. RU requires all vehicles to be registered and pay for parking Monday through Thursday, 6:00 am until 1:00 am and on Friday, 6:00 am until 4:00 pm.
- b.) RU is a virtual parking campus – your complete license plate information is required to register and pay for parking. You do not need to display a receipt, permit or sticker unless alternative arrangements have been made in advance.
- c.) RU does not issue refunds for the incorrect purchase of parking. Please purchase carefully.
- d.) RU does not issue refunds for cancelled classes or events
- e.) To find more information regarding parking rates and rules, please visit <https://www.regis.edu/About-Regis-University/University-Offices-and-Services/Auxiliary-Business/Parking/Visitor-Parking.aspx>

Visitor Parking Areas

Visitor parking is available in all seven lots. Payments from any Pay Station or through PARKMOBILE (link and zone code TBD) are valid in all lots.

30 Minutes Free Policy

When purchasing parking from a Pay Station or PARKMOBILE (link and zone code TBD), the first 30 minutes are free. To receive 30 minutes free, **the vehicle must be registered at a Pay Station** or through PARKMOBILE prior to receiving the free 30 minutes. The 30 minutes free may be used alone without paying for additional parking. This feature may only be used once each day per vehicle. Multiple uses or the misuse of this benefit will result in the suspension of your visitor parking privileges and the possible revocation of your parking privileges on the RU campus entirely.

Visitor Rates Permit Type	Cost	Details
Free 30 minute parking- once daily	\$0	Free with registration; Only one use of this feature is allowed per day
Daily – 6:00 am until 1:00 am	\$6	
Evening - 4:00 pm until 1:00 am	\$3	
Weekends- 4:00pm Friday until 6:00am Monday	FREE	

Pay Station Location

Lot 1
Lot 2
Lot 3
Lot 4

Location Details

On Ranger Way between Lot 1 East and Lot 1 West
Northwest corner of Lot 2 (near Dayton Memorial Library)
Northeast corner of Lot 3 (near Student Center)
Southeast corner of Lot 4 (near entrance to Claver Hall)

Lot 5	Southwest corner of Lot 5 North
Lot 6	Northwest corner of Lot 6 (near playing fields)
Lot 7	Southwest corner of Lot 7

Please see Parking Map at <http://www.regis.edu/~media/Files/University/AuxServices/Parking/RUParkingMap.ashx> for more details.

- a.) Payments Accepted: Visa, MasterCard, cash
- b.) NO REFUNDS OR CHANGE GIVEN AT PAY MACHINE

Please note that there is street parking around campus, however, Regis University is not responsible for illegal parking resulting in towing or ticketing.

TRAVEL/DIRECTIONS

From the North or South:

Regis is located in the northwest section of Denver. Take I-25 to I-70 and proceed west on I-70. Exit on Federal Blvd. Turn right (North) onto Federal and take a left at the first light which is Regis Blvd/W 50th Avenue. After you turn at the light, take your second right into Regis University. You may park in any lot on campus as long as you do not park in a reserved space. You do not need a parking pass, but please do not park in visitor parking. You can find a map of Regis University at: <http://www.regis.edu/~media/Files/University/UBM/Campus%20Maps/Regis%20University%20Campus%20Map.ashx>

LODGING/ RECREATION/MEALS

There is no room, meals and board package available for this course. Here is a list of suggested lodging options.

Downtown

Sheraton Denver Hotel
1550 Court Place
Denver, CO 80202
Sheraton.com
(303) 893-3333

Courtyard by Marriott, Denver Downtown
934 16th Street
Denver, Colorado 80202
(303)571-1114
Toll-free (888)249-1810

Grand Hyatt Denver
1750 Welton St. #38
Denver, Colorado 80202
(303)295-1234

The Westin Tabor Center
1672 Lawrence St.
Denver, Colorado 80202
(303) 572-9100

Stapleton

Doubletree by Hilton Hotel Denver
Stapleton North
4040 Quebec Street, Denver, Colorado, 80216,
USA TEL: 1-303-321-6666

Doubletree Hotel
3203 Quebec St.
Denver, Colorado 80207
(303)321-3333

Off of US 36
Doubletree Hotel, Denver North
8773 Yates Dr.
Westminster, Colorado 80020
(303)427-4000
Free Shuttle Service to Regis from 6am to 10pm

The Westin Westminster
10600 Westminster Blvd.
Westminster, Colorado 80020
(303)410-5000

NOLS Wilderness Medicine:

Office Hours: Monday to Friday, 9:00am to 5:00pm Mountain Time.

Phone: (866) 831-9001

Fax: (307) 335-2355

Email: wilderness_medicine@nols.edu

Website: www.nols.edu/wilderness-medicine

