# Wilderness First Aid with CPR

#### Sponsored by Saint George's School & NOLS Wilderness Medicine

 Dates: April 16<sup>th</sup>, 17<sup>th</sup>, and 18<sup>th</sup>, 2021

 Cost:
 \$280.00 Tuition only

 Location:
 Spokane, WA 99208

Travel, Meals, and Lodging

**Meals and Lodging** There is not a meals and lodging package available for this course. Students are required to arrange all lodging and food.

These are the hotels within 5 miles of our school:

https://www.choicehotels.com/washington/spokane/quality-inn-hotels/wa026?source=gyxt

<u>https://www.bestwestern.com/en\_US/book/hotel-</u> rooms.48192.html?iata=00171880&ssob=BLBWI0004G&cid=BLBWI0004G:google:gmb:48192

<u>https://www.bestwestern.com/en\_US/book/spokane/hotel-rooms/best-western-plus-spokane-north/propertyCode.48192.html</u>

*Riverside State Park is a great location for camping and tent sites run about \$25.00 per night:* https://parks.state.wa.us/573/Riverside

It is timely to travel to local restaurants and cafes, so we recommend packing a water bottle, snacks, and lunch. We will provide a hot drink station for your convenience.

The closet café is Little Garden Café and is at 9918 N Waikiki Rd, Spokane, WA 99218.

Travel

#### From the Spokane Airport via the Maple Street Bridge route:

Saint George's School is approximately twelve (12) miles from the Spokane International Airport. Drive time is approximately 30 minutes.

You will take Interstate-90 east from the airport. Exit at the Maple Street Bridge Route and continue north. Maple Street becomes Country Homes Boulevard. Keep in the left lane, as you will turn left at the traffic light at Wall Street. Continue north on Wall Street. Follow Wall Street north and stay left. At this point Wall becomes Waikiki Road.

While continuing to stay in the left lane, follow Waikiki down a long hill, and at the bottom of this hill, you will come to a roundabout. Take your second right to stay on Waikiki. (If you find yourself on Mill Road, turn around and head south until you can get back to Waikiki.) Follow Waikiki past the Spokane Country Club (on your right), the road winds down past the golf course and approximately <sup>3</sup>/<sub>4</sub> mile

beyond the entrance to the Club sign is the entrance to the school. You will come upon a red Saint George's School sign. Turn and bear left of the fork in the driveway. If you find yourself at the Fish Hatchery, head out and turn right at the Hatchery gate.) You are now on the Saint George's School Road. This is approximately ½ mile long. Drive through the gate. On your right are the Upper School and Middle School. You may park in the Visitors Parking—across the bridge, in the dirt parking lots.

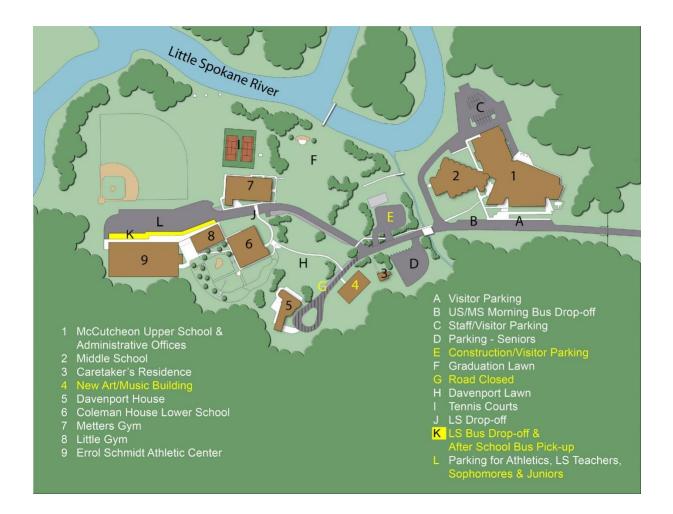
#### Coming from the East (Coeur d' Alene) via Division Street:

Take the Division Street Exit off I-90. This exit will direct you north. Continue north to Hawthorne Road. Take a left, past the Whitworth College Campus to the traffic light at Waikiki. Turn right onto Waikiki Road.

While continuing to stay in the left lane, follow Waikiki down a long hill, and at the bottom of this hill, you will come to a roundabout. Take your second right to stay on Waikiki. (If you find yourself on Mill Road, turn around and head south until you can get back to Waikiki.) Follow Waikiki past the Spokane Country Club (on your right), the road winds down past the golf course and approximately ¾ mile beyond the entrance to the Club sign is the entrance to the school. You will come upon a red Saint George's School sign. Turn and bear left of the fork in the driveway. If you find yourself at the Fish Hatchery, head out and turn right at the Hatchery gate.) You are now on the Saint George's School Road. This is approximately ½ mile long. Drive through the gate. On your right are the Upper School and Middle School. You may park in the Visitors Parking—across the bridge, in the dirt parking lots.



Map to Saint George's School campus



## Map of Saint George's School campus

### Registration

How to Register https://www.sgs.org/f/75ba

**Cancelation Policies** 

If you cancel or withdraw from a course:

- Greater than or equal to 30 days prior to the course start date, NOLS Wilderness Medicine will retain a \$35.00 administrative fee. The remainder of tuition collected to date will be refunded.
- Within 30 days of the course start date, tuition is non-refundable and non-transferable as per the following:
  - WFA loss of full tuition.
  - Once the course begins, no refunds will be awarded.
- All course registrations are non-transferable.

For Questions about location, logistics, and registration, contact:

Course Host:

Saint George's School

Melanie Mildrew (509) 464-8819 melanie.mildrew@sgs.org

https://www.sgs.org/