# Student Logistics (Know Before You Go!)



## Hybrid Wilderness First Responder (HWFR)

Sponsored by Lewis & Clark College & NOLS Wilderness Medicine

Dates: Monday, Jan 13 - Friday, Jan 17, 2025

Cost: \$925.00 Tuition Only

**Location:** 615 S. Palatine Hill Rd, Portland Oregon, 97219.

**CPR Time (If Applicable):** 

### Travel, Meals, and Lodging

Meals and Lodging

There is not a meals and lodging package available for this course. Students are required to arrange all lodging and food.

There are no nearby campgrounds, but several hotels are in the area.

Food service is not available on campus during the course, so we recommend you pack a lunch, as well as dinner on days with evening class sessions. A sink, mini fridge, and microwave will be available, as well as kettles for tea and coffee. Please bring your own mug with a lid.

#### **Travel**

Navigate to Lewis & Clark College at 615 S Palatine Hill Rd, and Enter at Gate 7 for the graduate campus. The course is held in the South Chapel.

There is no parking fee on campus during the course days, but please do not park in spots designated for Staff or other designations. Public transportation is infrequent and not recommended.

<u>Here</u> is a link to the Lewis & Clark College campus map. <u>Here is a link to a Pin</u> of the course location in the South Chapel.

### **Equipment List**

ease	e bring the following items to be prepared for the course:
	Warm Layers / clothes that you don't mind getting dirty
	Rain gear (jacket and pants
	Indoor shoes or slippers, so we don't track mud into the classroom. (Crocs are popular)
	Boots or shoes that can be worn in the mud
	Warm hat and gloves
	Mug with a secure spill-proof lid
	lunch
	Wristwatch (phone timers are impractical for taking heart rates etc, since you hands are full and it may be raining)
	Day pack or backpack (to carry supplies outdoors to treat patients in scenarios)
	Waterproof foam pad to sit on when assessing patients (ground probably wet & muddy)
	Water bottle
	Headlamp with batteries- optional, up to you (for finishing SOAP notes at 4:30 pm in the twilight)
	Sun glasses (if forecast suggests them)
	Notebook pen or pencil

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### Registration

### **How to Register**

Current Lewis & Clark College undergraduate students can register at a discounted rate by registering in person at the College Outdoors office in Fowler 239, or by calling 503-768-7116.

NOLS is collecting all other tuition and enrollment information for this course. Please register on the NOLS website: https://www.nols.edu/portal/wmi/courses/22112/

Travel insurance is recommended; NOLS's preferred provider is MDM.

#### **Cancellation Policies**

NOLS is taking all public registration for this course. Please visit their <u>policies page</u> for an overview of cancellation and transfer policies.

### For Questions about location, logistics, and registration please contact:

Course Host: College Outdoors & Lewis & Clark College

Office Hours: 9-5, M-F

Phone: 503-768-7116 Email: kori@lclark.edu

Fax:

Website: https://www.lclark.edu/programs/college\_outdoors/programs/wilderness\_first\_responder/