

HYBRID WILDERNESS FIRST RESPONDER RECERTIFICATION COURSE

Sponsored by Outdoor UW and NOLS Wilderness Medicine

DATES: *January* 19th and 20th, 2025

COST: \$400.00 Tuition only (Non-Hoofer Member)

LOCATION: *Memorial Union, 800 Langdon St., Madison, WI 53706*

(Use lake level entrance into classroom on North side of building)

TIME: *** Pre-Course Online Learning Required ***

8:00 AM-5:00 PM most days.



COURSE DESCRIPTION

The Hybrid Wilderness First Responder Recertification course is essential if you work or recreate in the outdoors or in other austere environments where access to medical care is delayed or communication is unreliable. It is the industry standard for professional guides, trip leaders, search and rescue team members, outdoor recreationists, and international travelers. Upon completion, you will be able to conduct a thorough physical exam, obtain a patient history, assess vital signs, provide emergency care in the wilderness, and make crucial evacuation decisions. During this fast-paced, engaging recertification course, you will split your time between refreshing your existing WFR knowledge in the classroom and practicing your skills in realistic scenarios.

NOLS Wilderness Medicine's nationally recognized curriculum encompasses a wide range of topics including long-term patient care, wound management, selective spine immobilization, reducing dislocations, litter packaging, and epinephrine administration. Dynamic educators who have practiced medicine in both wilderness and urban environments will teach you skills and protocols to step forward in an emergency, and you will finish the intensive 24-hour course with the tools and confidence to manage patients in the backcountry for multiple days.

Upon successful completion of the written and practical assessments included in this course you will recertify your NOLS Wilderness Medicine certifications: Wilderness First Responder, Adult and Child CPR & Airway Management, and Epinephrine Auto-injector.

CLASS FORMAT AND PERSONAL PREPAREDNESS

Check in is at 7:45 a.m. on the first day of the course and typical course days run from 8:00 a.m. to 5:00 p.m. The class format is classroom lectures integrated with practical scenarios, case studies, and skills practice sessions. To secure your recertification, your attendance is required for at least 90% of this course.

Scenarios and practice sessions will take place both inside and outside. Bring outdoor clothing appropriate for lying on the potentially wet, snowy, or cold ground playing the role of both rescuer and patient. Frequently course instructors will stage (moulage) blood and make-up to enhance the realism of a scenario.



Packing Checklist

- Notebook and pencil or pen
- Watch with second hand or digital
- Sunglasses and hat
- Water bottle
- Headlamp
- Light day pack
- Waterproof outerwear top and bottom
- Light hiking boots or sturdy shoes
- Clothing layers that allow you to be comfortable in a variety of weather conditions
- Slippers or comfortable shoes for classroom time (optional)
- Kneeling pad or camp chair for classroom time (optional)
- Frequently used outdoor gear/clothing that you can use for splinting/bracing practice (optional)

COURSE OUTLINE

For the full course outline, visit the HWRR course page:

https://www.nols.edu/en/coursefinder/courses/hybrid-wilderness-first-responder-recertification-HWRR/

REGISTRATION AND TUITION PAYMENT

A full payment of \$400.00 Non-Hoofer members is required to reserve a space in the course. To register please visit https://members.hoofers.org/event/108694 or call our office at 608.262.1630 (between noon and 6 pm) and office staff members can take your payment.

If you are currently an active Hoofer member you can register for this course on RecHub using your membership for \$360.00. There is also a possibility for current members who have been active in leadership to secure a subsidy for this training from Hoofer Council. Please consult your club president and club advisor for more information on how to secure this subsidy.

Tuition is non-transferable and is payable by Visa/MasterCard. The tuition fee covers textbooks, syllabus, equipment and certifications. Certifications will be emailed to you after the course. Outdoor UW is not obligated to allow any student to attend a course until all payment and paperwork has been received, reviewed, and approved. A full refund will be given if we need to cancel the course for any reason.

If a student cancels or withdraws from a course:

- 15-30 days prior to the course starting date, Outdoor UW will retain a \$50.00 administrative fee.
- Within 15 days of the course start date, cancellation will result in full loss of tuition.
- In the event that we are able to fill your spot from the waitlist, we will offer a full reimbursement.



WAFA/ WFR/ WEMT RECERTIFICATION REQUIREMENTS

NOLS Wilderness Medicine certification holders may take a *Wilderness First Aid* (WFA) course to recertify a WFR certification. Certification holders from other wilderness medicine training organizations cannot recertify through a Wilderness First Aid course.

NOLS Wilderness Medicine certifications last 2 years from the end date of your course and are afforded a one-year grace period after expiration within which to recertify. You should bring your certification card to the course so the instructor can verify the expiration date. For more information, please visit our recertification policy at the following link: https://nols.edu/en/courses/wilderness-medicine/recertify/

The preferred way to recertify your Wilderness First Responder certification is to enroll in a Wilderness First Responder Recertification course, or through our Hybrid WFR Recertification course, which adds an online component in addition to traditional scenarios and skills.

You will be required to pass both a written and a practical test to recertify. Check the following web page for information and resources on how to best prepare for your course. https://nols.edu/en/resources/wilderness-medicine-resources/

NOLS WILDERNESS MEDICINE STUDENT AGREEMENT

Please download this agreement and read it very carefully as it affects your legal rights: https://drive.google.com/file/d/1AobcpqQ1bNQy08V2IWY3b76xs4-zy13A/view?usp=sharing

Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document. Without a signed document, you cannot participate in the course.

NOLS Wilderness Medicine participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the NOLS Wilderness Medicine program and are at the sole risk of the participant.



Pets

Pets are not allowed at the course site. This includes leashing them outside. Any student bringing a pet to class will be asked to leave until the pet is safely situated in a kennel or other facility. No exceptions.

Alcohol and Tobacco

No alcohol or tobacco is allowed on site.

CONTINUING EDUCATION & ACADEMIC CREDIT

You can earn <u>continuing medical education credits</u> and education credits towards a Fellowship in the Academy of Wilderness Medicine (FAWM) through your NOLS Wilderness Medicine course, or through the American Camps Association with NOLS Risk Services.

Be advised that most NOLS Wilderness Medicine courses offer EMT Continuing Education Units (CEU's). This Wilderness First Responder Recertification course has the potential to offer 18 CEU hours (Assessment, 2.5 hrs; Trauma, 8.5 hrs; Environmental, 2.5 hrs; Medical, 4.5 hrs).

In addition to, you can also earn <u>Academic Credit</u> for most NOLS courses. Please consult the online documentation and reach out to NOLS and the accrediting institution with additional questions.

STUDENT LOGISTICS

Directions: Memorial Union is located on the corner of Park and Langdon Street. 800 Langdon St., Madison WI 53706. Easiest way to enter the classroom is to walk between the northside of the Memorial Union and the lakeside. Enter the doors facing the lake, on the western side of the building, labeled Outdoor UW.

Parking/Transportation:

The nearest parking lots are Helen C White parking (permits only during the weekdays) or Lake Street Ramp. (5 min walk) Parking is approximately \$14.00 per day. There are additional parking garages off of Johnson Street. There are buses that can take you down to Memorial Union.

Food:

<u>Meals are NOT included in the course</u>, however, there are a wide variety of food options available in the union, on campus, and on State Street easily within walking distance. Please also feel free to bring your own snacks and lunches.



Lodging:

Wisconsin Union Hotel

1308 W. Dayton Street, Madison, WI 53715 (608) 890-3000

Fluno Center

601 University Ave, Madison, WI 53715 (877) 773-5866

DoubleTree by Hilton Madison Downtown

525 West Johnson Street Madison, WI 53703 (608) 251-7856

CONTACT INFORMATION

Please contact us with any questions or concerns you may have. Our front desk staff should be able to answer your questions.

Course Hosts - Dan Dunne & Outdoor UW Staff

Office Hours: Noon - 6 pm (Wed-Friday) 11 am - 5 pm (Saturday & Sunday)

Phone: 608.262.1630

Email: outdooruw@union.wisc.edu

Website: https://union.wisc.edu/events-and-activities/outdoor-uw/

If you have any issues getting into the Memorial Union, please contact the building managers @ 608-228-1183

NOLS Wilderness Medicine:

Office Hours: Monday to Friday, 9:00am to 5:00pm Mountain Time.

Phone: (866) 831-9001

Email: <u>wilderness medicine@nols.edu</u>

Fax: (307) 335-2355

Website: http://www.nols.edu/wilderness-medicine